

# The Messenger



## MARCH 2011

### I WILL, WITH GOD'S HELP

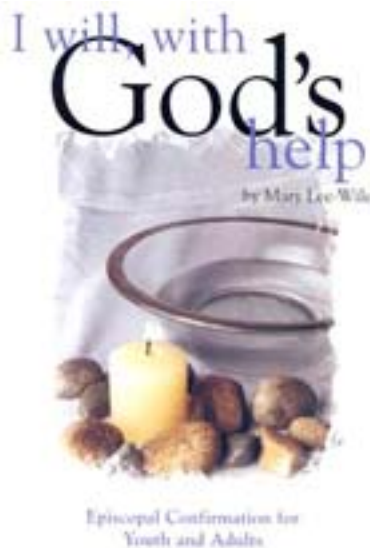
From the day we are baptized, our Christian lives begin. With the waters of baptism, we start to live a different kind of life—one that follows Jesus and uses his life as a model of ours. Our Christian life becomes a journey. Sometimes it is a joyful journey.

Sometimes it is frustrating or painful. Sometimes it is a great challenge. Yet we do not live our Christian lives in a lonely vacuum. We have a Christian community to support us, to ask questions, to answer questions, to help us explore questions beyond our comfortable borders.

We may have been baptized as infants or children—therefore, unable to claim our Christian faith as our own. **Confirmation** is the mature appropriation of our own Christian faith. It is as if we say, “My parents brought me up in a Christian home (or not). But this is **MY** faith. I want to bring the gifts and talents I have to my own spiritual journey. I want to know God as an adult, from my own perspective.” Thus is it time for you to be **CONFIRMED**.

Perhaps you were baptized and raised in another faith tradition/denomination, yet now want to be confirmed in the Episcopal Church. Or you were raised Roman Catholic or Lutheran or Orthodox and now want to be **RECEIVED** into the Episcopal Church (as we recognize your baptism and confirmation in those traditions).

Perhaps you have been a long-time Episcopalian, but realize that you would like to learn more about the



Christian faith and the Episcopal tradition of prayer, scripture and tradition. In that case, you want to **REAFFIRM YOUR BAPTISMAL VOWS**.

Whether you want to be confirmed, received, or re-affirm your baptismal vows, I invite you to join our Adult Inquirers' Class, to begin during Lent and finish in Easter season. We will use the book **I WILL, WITH GOD'S HELP**. We will meet on Thursday evenings from 7:00-8:30. We will meet the following dates:

- ◇ **March 31**
- ◇ **April 7**
- ◇ **April 14**
- No class during Holy Week*
- ◇ **April 28**
- ◇ **May 5**
- ◇ **May 12— Dinner for Adult Inquirers at Rector's home**
- ◇ **Sat., May 14—Confirmation at 11 a.m. at Washington National Cathedral**

My general expectations of participants is that you come on time so we can make good use of everyone's time, that you come prepared to be fully engaged in our discussions, and that you attend all sessions (barring illness, already-scheduled travel for work or emergencies.) Unfortunately, we cannot provide child care, so if you have small children, I would ask that you make arrangements for a baby-sitter at home (and if you need financial assistance with this, I can help out with that.)

If you are an adult and have not yet been baptized, but would like to be, our next baptism opportunity will be on Saturday evening, April 23 at the Easter Vigil. So you could attend our Adult Inquirers' Classes, be baptized at the Easter Vigil, and then be confirmed—using these classes as preparation for both (I would want to have some one-on-one conversations with you as well for specific baptism preparation.)

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**God's Help**....continued from page 1

If you are interested in being part of this Adult Inquirers' group, please add your name to the sign-up sheet in Wyatt Hall. I will order the books we need and you can reimburse me: the book costs \$7.00.



Our first meeting will begin with a brown bag supper at 6:30 on Thursday, March 31, with our session beginning at 7:00. We will meet in the small room off Wyatt Hall we call "the rector's room."

Bring yourselves, your questions, and let's explore the Christian faith together for six weeks.

Faithfully,  
Sheila+



Last year, Clif Collins led a four-week Sunday morning study on selected short stories. I am pleased to say he has agreed to do this again during Lent.

On March 20 & 27, and April 3 & 10, at 9:00 on Sundays, Clif will lead a discussion exploring the spiritual dimensions and motif of journeys in several short stories—stories which are not overtly Christian, but which have been heavily influenced by Christian images and messages. Authors will likely include Ernest Gaines, Flannery O'Connor and Gabriel Garcia Marquez.

**Midweek Retreat: Contemplative Evening Prayer with Music**

Lent is a 40 day period of time set aside in the Liturgical calendar marking the time Jesus spent in the Wilderness before beginning his public ministry. For us, Lent is a season of reflection and preparation, of self examination and a season

challenging us to look at our lives, our souls and truly be honest with who we are. We sometimes give things up as a way of standing and living with Jesus in the Wilderness. Some of us may add a new discipline to our routine in order to make time for prayer or journaling or getting in touch with our spiritual lives. The act of giving up or adding to during this season of Lent prepares us to listen and seek God in our lives.

This Season of Lent, under the direction of Rev. Sheila McJilton, Ginny Wilder, our seminarian, will be offering and leading a Contemplative Evening Prayer service called **Midweek Retreat** here at St. Philips. Opportunities for prayer, singing simple songs, reflection and sharing our experiences will be included in each Evening Prayer service.

Let us journey together into the wilderness quieting our lives in order to listen for the still voice calling us to listen and respond and experience how the Holy Spirit is alive and working in our lives even when we are living in the wilderness. Come and experience the Midweek Retreat and engage the Holy Spirit. Services will be held on Wednesdays during Lent and will begin at 7pm.

Ginny Wilder  
Seminarian

**Sunday Morning Lenten Study**

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## Clif Collins....continued from page 2

We will put copies of each short story out a week ahead of time, so we need to know how many of you are interested. There is a sign-up sheet in Wyatt Hall on the Vestry table (where the Vestry pictures are). Please sign up so Clif will know how many copies of stories to make.

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## Nave Roof Replacement Update

Invitations for bids have gone out to list of 20 roofing firms. The deadline for receipt of bids is March 21. Since my last report to you, some minor changes have been made to the bid package. After some thoughtful discussion, we determined that requiring cleanup of the interior of the nave each week prior to worship would be very costly and could significantly extend the term of the project. To stretch the dollars that have been so generously contributed for the project we have determined that we should not require the contractor to clean the worship space in the nave each week. That means that it is quite likely that we will have to worship in Wyatt Hall for several weeks. We will open bids after the deadline and will work with our engineer to choose the contractor that offers us the best value in their proposal. At this point we will know whether or not we need to raise additional funds. If we need more money, we will know how much more is needed. If all goes well, we will have a new roof sometime this summer, thanks to all your hard work!

Scott Aker  
Senior Warden

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## Shrove Tuesday Pancake Supper



What's that...did someone say Pancakes??? That's right the pancake supper is right around the corner. On March 8th from 5:30—7:30 p.m., the acolytes and crucifers will be serving dinner. Please come out and support the acolytes in their only fundraiser of the year. Tickets are \$5 for adults, and \$3 for children aged 2—12. Hope to see you there!

*“Laissez les bons temps de commencer”* (let the good times begin); wear your favorite mask and support the acolytes by having a great time!

Amanda Colindres

## WORSHIP FOR FAMILIES WITH YOUTH & CHILDREN!

Wanted: creative brainstorming about spiritual formation for our youth and children, especially where **WORSHIP** is concerned. As we begin thinking about the future—a time when we want to be able to have a third worship service again—it is important that parents and children think and pray together about what that might look like. Please know that this is open-ended thinking and dreaming—there are no ideas already set in stone about what we should do. For example, an automatic return to the kind of 9:00 service St. Philip's used to have is not necessarily the answer. St. Philip's is a different place than it was ten or fifteen years ago.



There are several “givens” in this process:

- ◆ 1. Whatever we do will be prayerfully planned;
- ◆ 2. It will be theologically sound;
- ◆ 3. It will engage youth and children fully; and
- ◆ 4. It will support the stated Mission and Vision of St. Philip's.

If you are interested in being part of this conversation, please join me at Noon on Sunday, March 13<sup>th</sup> (first Sunday of Lent.) We'll chip in and order pizza or subs and have some lunch while we get input from all: youth, children and parents, as well as anyone else who feels invested in Christian formation for families. If you are a parent whose children are not in Sunday School, or whose children attend Sunday School but not worship, you are particularly welcome in this discussion.

We will gather at Noon—*after* Coffee Hour—over near the Absalom Jones & Alpha windows—and enjoy some lunch and creative conversation. Please join me! ~Sheila+



### Ash Wednesday Services

This year, Ash Wednesday is on March 9th. The Liturgy for Ash Wednesday with Imposition of Ashes and Holy Eucharist will be held on March 9 at Noon, and again at 7:00 p.m.

## IMPRESSIONS FROM THE DIOCESAN CONVENTION

*St. Philip's Diocesan Delegate Nancy Marchbank recently attended the Diocesan Convention, held January 29-30, 2011, at the Washington National Cathedral. Herewith are some of Nancy's observations:*

- ◆ Vibes of good fellowship;
- ◆ The good humor of the Bishop managing "his flock; and
- ◆ Clarity of the presentations.

### Speakers:

**Robert Gallagher**—*Congregational Development through Spiritual Practices.*

Premise: The primary job of a church is to be a spiritual community for forms people of faith. Instead of focusing on all the "traditional growth strategies," focus on spiritual growth/life of the parish using corporate and private worship and an open-minded, search approach to faith. Handout made available.

**Bob Jacobson**—*Faith in Future*

Premise: That the future of the Church (and society) will require different types of leadership awareness and skills due to different societal dynamics and norms, especially as technology changes the way we connect with each other and the world. "Faith is a meaningful leap into uncertainty." "Faith equals innovation; faith and innovation require each other" Handout made available.

### Bishop Chane

Into my head: The Bishop celebrated the diversity of the Diocese and the growing Hispanic worshipping community. If you are looking for God, look at the marvelous human community. The Episcopal system of churches links us all together, that we can be a resource for each other. The 'heart-beat' of this is Church House staff who respond to the needs and concerns of a parish. The faithful financial support of the parishes is an absolute necessity. The Diocese has had to cut its budget and services as have the parishes. Be cautious of "pulling back," and "playing the numbers game." Instead recognize our abundance and look to taking risks in faith.

### Bishop Search Committee

Schedule:

- ◆ April 1, 2011, names of nominees released;
- ◆ May—'walk-about' (opportunity to meet candidates—see posted sheet).
- ◆ June 18, 2011, election of Bishop
- ◆ November 12, 2011, installation of Bishop

### Diocesan Council

Conducting conversations with congregations to gather information on new ways to operate the Diocese as they look at property, priests and seats in classrooms and their effective use.

Nancy Marchbank

# WINTERFEST

## DINNER & SILENT AUCTION

### SATURDAY, MARCH 5<sup>TH</sup>

6:30—10:30 PM  
WYATT HALL

## Delicious Food, Great Company, Spectacular Auction Items!

### CHILI COOK-OFF—A HUGE SUCCESS

Many thanks to everyone who supported our very successful Annual Chili Cook-Off on Sun., Feb. 13<sup>th</sup>! We had 21 chili entries; 10 cornbread entries, and 10 dessert entries. It was a great evening with about 75 adults and children attending! The wonderful entertainment was provided & donated by *Bobby & Deb* (a big thanks go to them for generously donating their time and talents to our cause!). Many congratulations to our winners and a heartfelt thanks to all you supported this most worthwhile effort:

♥ **Best Chili** – *Shannon Toole*

♥ **Best Cornbread** – *Brian Stinchcomb*

♥ **Best Dessert** – *Scott Aker's*

*Mixed Berry pie with ice cream*



We raised \$674 for the St. Philip's Community Thanksgiving Dinner! Thanks to everyone for your support! To those who purchased tickets even though they knew they would be unable to attend, THANK YOU! Additionally, Linda Stapf sold tickets for a 50:50 Raffle to benefit our Roof Fund. We raised \$310 - many thanks to Scott Aker who won the raffle and very generously gave his winnings back to us!

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## CAMP ST. PHILIP'S 2011

### Helper Dudes and Dudettes Wanted

Discovering Big Answers to Big Questions About Jesus

Hey dudes, guess what!? That's right, camp time is coming sooner than you think, and this year it's going to be a SonSurf Beach Bash! Mark your calendars and get ready - it's gonna be "surf 's up" time before you know it!!

So hop on a board, catch the wave, and join the fun! We are looking for people to fill the following core Camp St. Philip's leader positions:

**Classroom Teacher (1 more needed), Music Teacher, Outreach Leader, Breakfast Coordinator, Snack Coordinator, Before-Care and After-Care Coordinator, Field Trip Coordinator, Friday Dinner Coordinator, and Publicity/Advertising Coordinator**

If you can't say "yes" to any of these tasks, please consider helping with some of the smaller tasks, such as...

#### **Can you help BEFORE Camp:**

Distribute publicity flyers

Help make decorations

Help with prep work for craft class supplies (cutting, etc.)

Donate &/or loan supplies (sign-up board of needed items in May-June)

Help with decorating and set-up on the Sunday before camp

#### **Can you help DURING Camp (July 11-15):**

Provide before care (8am-9am) and/or after-care (4pm - 5pm)

Provide extra help with the service projects

Provide extra help in the craft class

Take photos during camp

Run miscellaneous errands

Chaperone on the field trip

Help with Friday night dinner set-up

Help with Friday night dinner clean-up

#### **Can you help AFTER Camp:**

Take down decorations on the Sunday after camp

Inventory and store reusable supplies

Please contact Libby Lamancusa if you are interested in helping or have any questions:

**LibbyLamancusa@aol.com**, or 301-774-6221.

**Campers, Counselors in Training (CITs)** - registration is now open (see form on next page)! You may also pick up the form in the church, or visit the St. Philip's website at [www.stphilipslaurel.org](http://www.stphilipslaurel.org)

Libby Lamancusa

Director, Camp St. Philip's

## Senior Ministries News

### AGE IN PLACE

"Aging in Place" is getting more attention as the older adult segment of our population grows and lives longer. Many older adults want to remain at home as long as possible and the availability of community resources and services can help to make that possible.

A recent Seabury Resources for Aging newsletter addressed "5 Things to Ask Yourself if You Want to Age in Place."

1. Is your home still your castle if: a) you have to make modifications to your home in order to live there safely; b) Your neighborhood changes? c) You have caregivers in your home day and night? d) You can no longer drive? e) Your family and friends have moved away and visiting each other becomes difficult or impossible?
2. Do you have a strong support system? We all need help from time to time, regardless of our age and ability. Consider who you can rely on if the need arises. Do your children live nearby? Can you rely on your neighbors for help, if necessary? Do you have someone you can call upon to mow your lawn, shovel snow or check on you during a power outage? Is there a formal Neighborhood Village that you can join that can provide support?
3. Is aging in place what the Doctor ordered? Does your physician recommend remaining at home, given your diagnoses and services available to you?

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## Camp St. Philip's 2011 SonSurf Beach Bash

Discovering Big Answers to Big Questions and Jesus



Gather with us at our very own beach paradise of St. Philip's for an incredible week filled with fun and games, awesome music, Bible stories, cool crafts, beach scenes, outreach projects, an extra dose of surfin' silliness, and most importantly, friendship and community! Oh yeah, and a field trip too!! It's guaranteed to be a BASH!

When: July 11 - July 15, 2011, 9am - 4 pm daily + Friday closing program/dinner  
 Who: Campers: entering grades K-6  
 Campers/Counselors-in-Training: entering grades 7-8  
 Counselors: entering grades 9-12  
 How: Register at the registration table at church, or mail registration form and payment to St. Philip's Episcopal Church, Attention: Camp St. Philip's /Libby Lamancusa, 522 Main Street, Laurel, 20707. **Registration closes June 12**

### ◇Registration Form◇

Camper/Counselor Name: \_\_\_\_\_ Nickname/preferred name \_\_\_\_\_  
 Birthday (mm/dd/yy): \_\_\_/\_\_\_/\_\_\_ Gender: M F  
 Grade camper is entering in Aug. 2010 (circle) K, 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>  
 Grade counselor is entering in Aug. 2010 (circle): 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup>  
 T-shirt size: Youth sizes: Small (6-8) Medium (10-12) Large (14-16)  
 Adult sizes: Small Medium Large X-Large XX-Large

Parent/Guardian name(s): \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Home telephone: \_\_\_\_\_ Cell phone(s): \_\_\_\_\_  
 Home email address (for confirmation of registration): \_\_\_\_\_  
 Home faith community (if any): \_\_\_\_\_

Person responsible for picking up this child:  
 Name: \_\_\_\_\_ Telephone: \_\_\_\_\_ Relationship: \_\_\_\_\_  
 Emergency contact (if the parents/guardians cannot be reached):  
 Name: \_\_\_\_\_ Telephone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Allergies/medical needs/special circumstances the Camp St. Philip's staff should be aware of: \_\_\_\_\_

Will this be the child's first large-group experience other than Sunday school: yes no  
 Anything special you'd like us to know about your child (use back side if you'd like) \_\_\_\_\_

Cost: \_\_\_\_\_ Camper fee: \$100 first child; \$65 additional siblings  
 + \_\_\_\_\_ Before & after care add-on (8am-9am & 4pm-5pm):\$40  
 - \_\_\_\_\_ Full or partial scholarships received  
 = \_\_\_\_\_ Amount included with this form (payable to St. Philip's Episcopal Church)

Signature of parent/guardian: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

# VESTRY

## HIGHLIGHTS



### JANUARY VESTRY HIGHLIGHTS

January 18, 2011

Tony Cain reviewed the Treasurer's Report and the 2011 Budget with Vestry. The budget was unanimously passed.

The statement of work for the roof has been completed and we will be reviewing bids soon. In order to save money (and shorten the length of the project), there will be occasions when the parish will have to worship in Wyatt Hall.

Amanda Colindres, who is serving on the Vestry Nominating Committee, reported that the number of people willing to serve on vestry is equivalent to the number of people who are rotating off vestry.

Respectfully submitted by:

### FEBRUARY VESTRY HIGHLIGHTS

February 15, 2011

**In Attendance:** Sheila McJilton+, Scott Aker, Donna Crary, Pam Brown, Gale Messiah, Amy Brennan, Charles Richardson, Angie Galt, Jean McGloin, Linda Stapf, Georgia McMann, Bill Todd, Drew Deans, Brian Stinchcomb, Joanne Woytek

**Absent:** Ingham Mack, Carol Rascon,

Outgoing members Tracy McCracken, Joan Rattigan, Amanda Colindres, and Nate Allen reflected on what they learned from being on the Vestry, discussed their approach to Vestry duties and fielded questions posed by new Vestry members. (Carol Rascon, who is currently working in Arizona, sent her final comments via e-mail.)

**Adoption of Consent Agenda and Reports:** Bill Todd moved to adopt consent agenda and approve minutes. Unanimously passed.

#### Old Business:

**Nave and Roof Update:** Scott Aker sent out bidder letters to twenty different bidders, extending as far as

the Philadelphia area. The bids are due in one month and will then be assessed based on quality as well as price. It was further discussed that updates on the bidding process could be announced during Sunday services. With these announcements, the congregation will be informed that worship will occur in Wyatt Hall for several weeks during the summer, in an attempt to limit costs while speeding the overall process. The WinterFest committee said they hoped to raise as much as \$15,000 towards the Roof fund.

**Pledge Updates:** Thus far, the church has received 118 pledges resulting in a pledge amount of \$311,443 for 2011. The goal for this year is \$350,000, but the budget is conservatively based on receiving \$310,000 in pledges. Various on-line methods for pledging and donating monies to the church were discussed.

Subsequent discussions were held about a) compiling a file of all major policy decisions made by Vestry for the past five years, so that subsequent Vestries are aware of all policies made by this body; b) next year's Vestry Nominating Committee (Amy Brennan & Linda Stapf volunteered to head this committee), communications among Vestry members via e-mail and files in "the crate;" the recent key inventory situation (we suspect half of Laurel has a key to the church now!) and will discuss how to handle the key situation at a later time.

#### New Business:

We discussed logistical aspects of the Vestry retreat, to be held at the Bishop Claggett Retreat Center Fri., Feb.18 to Sun. Feb.20<sup>th</sup>. Vestry then spent a significant amount of time discussing general Vestry "Nuts and Bolts"---Vestry Expectations, Vestry Meeting Norms and Vestry Meeting Ground Rules. The rector and Sr. Warden Scott Aker emphasized the importance of viewing the Vestry as a team of cooperation and support. Vestry members are encouraged to attend coffee hours and other parish events, and more importantly, to make an effort to speak with people they do not know well on top of those they already consider close friends. They are also to (occasionally) attend whatever worship service they do not usually attend, and to wear their name badges.

Vestry members were encouraged to develop their spiritual lives, with daily prayer and other tools for spiritual growth---this in recognition of the fact that

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# NUTS AND BOLTS



**LARS:** When you go to the grocery store this week, buy a few extra canned goods or non-perishables for LARS. As you come to church this Sunday, remember to bring them and put

them in the LARS basket in front of the organ.

Foods needed include: **peanut butter, jelly, rice, canned pasta with meat, spaghetti, spaghetti sauce, canned vegetables, canned tuna, canned chicken, “just-add-water” pancake mix, and canned soup with lots of “stuff” in it.** Pull-top cans are particularly welcome for our homeless brothers and sisters!

**SPEAKING OF THE *Messenger*:** If you would like to submit an article for the monthly newsletter, please email it to [admin@stphilipslaurel.org](mailto:admin@stphilipslaurel.org), or drop it in the Parish Administrator’s folder in the Crate, or mail it to the church office by the **15th of the month**. We invite updates on the activities of your ministry, as well as any other information important to the St. Philip’s family.



**GROCERY CARDS** are available for Giant, Weis and Shoppers in denominations of \$10-\$100. (A \$300 grocery card is also available for Giant Foods). St. Philip’s receives a rebate on every card

purchased. See Vi Turley or Julie Waters after the 8 a.m. service to purchase your cards; after the 10:15 a.m. service, see Joan Rattigan, Kama Hamilton or Terry Betzer. **Safeway shoppers:** To sign up today, go to [eScrip.com](http://eScrip.com) and click on “1-Sign-Up.” Enter your Safeway Club Card Number. It’s as easy as that! **St. Philip’s number is 1036806.**

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## Senior Ministries....continued from page 5

4. Do you have your documents in order? Do you have Advance Directives and Power of Attorney documents? Do you keep a current list of your diagnoses and medications in your wallet, in the event of an unexpected trip to the Emergency Room?

5. Can you afford to remain at home? We are fortunate to have many resources available in the

*continued on page 9*

## February Vestry Meeting....continued from page 7

Vestry members are not just leaders in a business sense, but in a spiritual sense. Scott Aker reflected that some of the most difficult decisions he has ever faced while on Vestry have been ultimately resolved through group and individual prayer.

We discussed the fact that Open Forum time at the beginning of a Vestry meeting is always open to parishioners—we just want to make sure that the Rector or Sr. Warden knows in advance of someone coming to the meeting, so that we allow enough time. Vestry members were also encouraged to have listening ears and hearts to those who come to give them a suggestion (or to complain), to do that with grace, without judgment or retort. Transparency on all sides was also encouraged, so that no one gets into a “they said. . .” or “he said/she said” kind of situation.

Sheila+ asked that Vestry change its April meeting from Apr. 19 to Apr. 12, to avoid having meeting during Holy Week. General discussion about Holy Week followed.

The meeting ended at 8:55 p.m.

Minutes submitted by Angie Galt, Feb. 22, 2011 & edited for brevity for newsletter by rector.

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## Chili....continued from page 4

Thanks very much to all our helpers, including Debbie & Johnny Dusterwald, Angie Galt, Gale Massiah, Joan Rattigan, Linda Stapf, Donna, Brian & Matthew Stinchcomb and everyone else who helped us clear up afterwards! Also thanks to our Sexton, James Hall, for getting all the additional tables and chairs out and putting them away!

Thanks again and see you all next year! If anyone has any bright ideas for next year, please let me know!

Cheers!  
Deb Fitzer



03/01 Michelle Njoku  
 03/03 Ethel Haslup  
 03/04 Denise Singleton  
 03/04 Hayden Toole  
 03/07 Olive Merson  
 03/07 Lawrence Timian  
 03/08 Rebecca Shearin  
 03/15 James Kean  
 03/20 Justin Hayes  
 03/22 William Dusterwald  
 03/23 Leslie Cain  
 03/25 Krisa Arzayus  
 03/26 Alexandra Lamancusa  
 03/27 Scott Aker  
 03/27 Stokes Aker  
 03/28 Nate Allen  
 03/28 James Toole  
 03/29 Elena Arzayus  
 03/30 Sonya Rance  
 03/30 Cecelia Lamancusa



If you do not see your name in the birthdays for this, or any month, it means that we don't have your vital information in our data base. We need, name, and date of birth, including the year. We aim to please and celebrate everyone's natal day, so contact the Parish Office so that we can make sure not to miss your special day again.

## In Our Prayers This Month



The Pastoral Care Team and St. Philip's Parish are currently praying for those in our community who need prayers for healing, comfort and strength, especially for: Reese Armstrong, Ilan Betzer, Gail Bernhard, Charles Brown, Jane Burke, Charles Chesgreen, Elizabeth and Kent Cockerham, Guthrie Collins, Spencer Crowe, Harriet Crowther, Michael Dangerfield, Amy Elmquist, David Fales, Pat Bently Fisher, Eva Fitzer, Ruth Fletcher, Albert Fons, Paul and Caryne Forster, Rebecca Chase Fowler, David Graham, Tom Greenborn, Laurie Herbert, Norman Iglebart, Kathleen Inman, Mike and Heather Kean, Bobbi McCeney, Susan Miranda, Tom Penn, Alyn Platt, Marcia Richards, Barry Richardson, Dorothy Shick, Audrey Shumway, Phyllis Skelton, Barbara Smith, Becky Thomas, Isaac Toth, Charmane Truesdell, Lois Tyler, Frank Unger, Bradley Waters, Betsy Welsh, and Dylan Williams. If you would like to add a name to the prayer list, please contact the Leslie Cain and the Pastoral Care Committee at [cainsoflaurel@verizon.net](mailto:cainsoflaurel@verizon.net)

## Senior Ministries...continued from page 8

Metro area. However, many of the services that allow individuals to remain at home come at a price. For example, the average hourly rate for home care is \$20/hr. Most home care companies require a four-hour minimum. Add the cost of home care to other fees, such as grocery delivery, home renovation, emergency response systems and you may find that the cost far exceeds your budget.

The decision to remain at home is a personal one that requires careful thought and research. A care manager can help you discuss your options and create a plan that is right for you. To find out more, call Seabury Care Management, 202-364-0020.

*(Article reprinted from the November 2010 issue of "RESOURCE," published by Seabury Resources for Aging) "5 Things to Ask Yourself if You Want to Age in Place":*

Arlene Leis



# March Calendar

## †SUNDAY SERVICES

8:00 am Holy Eucharist Rite I

10:15 am Holy Eucharist Rite II

### Tues., March 1

6:00 pm Smart Recovery—PHDCR  
Smart Recovery—PH Downstairs

7:00 pm Crafters & Quilters—WH

### Wed., March 2

10:00 am Bible Study—WHCR

7:00 pm Yoga—WH

### Thurs., Wed., March 3

7:30 pm Adult Choir—C

### Sat., March 5

10:00 am Smart Recovery—PHDCR

10:00 am Prayer Shawl Ministry—PHCR

### Sun., March 6

9:00 am Sunday School

9:00 am Confirmation Class—WH Rector's CR

11:30 am Youth Choir

Youth Group

### Mon., March 7

7:30 pm Bell Choir—WH

### Tues., March 8 SHROVE TUESDAY

5:00 pm Pancake Supper—WH

6:00 pm Smart Recovery—PHDCR

6:00 pm Smart Recovery for Significant Others

7:00 pm Vestry Executive Committee

7:00 pm Crafters & Quilters—WH

### Wed., March 9 ASH WEDNESDAY

12:00 pm Ash Wednesday Liturgy & HE Rite II

7:00 pm Ash Wednesday Liturgy & HE Rite II

7:00 pm Yoga—WH

### Thurs., March 10

7:30 pm Adult Choir—C

### Sat., March 12

9:00 am Lenten Quiet Day—C and WH

10:00 am Smart Recovery—PHDCR

### Sun., March 13 I Lent

9:00am Sunday School

9:00 am Confirmation Class—WH Rector's CR

11:30 am Youth Choir

### Mon., March 14

7:00 pm Toastmaster's Club—WHCR

7:00 pm Worship Committee—PHCR

7:30 pm Bell Choir—WH

### Tues., March 15 MESSENGER DEADLINE

1:00 pm Afternoon Guild—WH

6:00 pm Smart Recovery—PHDCR

6:00 pm Smart Recovery for Significant Others

7:00 pm Crafters & Quilters—WH

### Wed., March 16

10:00 am Bible Study—WHCR

7:00 pm Yoga—WH

### Thurs., March 17

7:30 pm Adult Choir—C

### Sat., March 19

9:00 am Men's Breakfast—WH

10:00 am Smart Recovery—PHDCR

2:00 pm Day One Single Moms—WH

### Sun., March 20 2 Lent

9:00 am Sunday School

9:00 am Confirmation Class

9:00 am Lenten Study Group w/Clif Collins—WHCR

11:30 am Youth Choir

12:00 pm Absalom Jones Scholarship Committee—WH  
Rector's CR

5:00 pm Diversity Dinner—WH

### Mon., March 21

9:00 am Iconography Class—WH

7:30 pm Bell Choir—WHCR

### Tues., March 22

9:00 am Iconography Class—WH

6:00 pm Smart Recovery—PHDCR

6:00 pm Smart Recovery for Significant Others—PH

7:00 pm Vestry Meeting—WHCR

7:00 pm Crafters & Quilters—WH

### Wed., March 23

9:00 am Iconography Class—WH

10:00 am Bible Study—WHCR

7:00 pm Yoga—WH

7:00 pm Finance Committee—PHCR

### Thurs., March 24

9:00 am Iconography Class—WH

7:30 pm Adult Choir—C

### Fri., March 25

9:00 am Iconography Class—WH

### Sat., March 26

9:00 am Iconography Class—WH

10:00 am Smart Recovery—PHDCR

### Sun., March 27 3 Lent

9:00 am Sunday School

9:00 am Confirmation Class—WH Rector's CR

9:00 am Lenten Study—WH

11:30 am Youth Choir

12:00 pm Absalom Jones Scholarship Committee—WH  
Rector's CR

### Mon., March 28

7:30 pm Bell Choir—WH

### Tues., March 29

6:00 pm Smart Recovery—PHDCR

6:00 pm Smart Recovery for Significant Others

7:00 pm Crafters & Quilters—WH

7:00 pm Vestry Executive Committee

### Wed., March 30

10:00 am Bible Study—WHCR

7:00 pm Yoga—WH

### Thurs., March 31

7:00 pm Inquirers' Class—WH Rector's CR

7:30 pm Adult Choir—C

*The Messenger*  
St. Philip's Episcopal Church  
522 Main St  
Laurel, MD 20707-4118  
[www.stphilipslaurel.org](http://www.stphilipslaurel.org)

**FIRST CLASS POSTAGE**

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WinterFest 2011!

Sat., March 5th

6:30 - 10:30 p.m.

Wyatt Hall

